



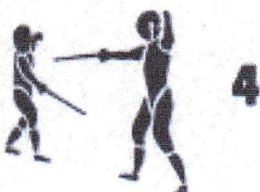
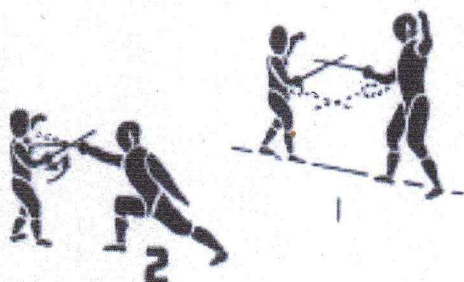
Achievement Award

Grade 4—Foil

Demonstrate: (with coach or partner)

While following your partner's steps forward and backward

1. Continuously change engagements in high line and low line guards
2. Maintain lunging distance with blades engaged and when your partner pauses, attack by One-two with a lunge
3. When your partner attacks with a lunge, Parry with:
 - a. Circular Parry of Sixte with Direct and Indirect Ripostes
 - b. Circular Parry of Quarte with Direct and Indirect Ripostes
4. Maintain lunging distance and when your partner pauses and lowers his/her foil point, make a feint Direct and Disengage with a lunge, when your partner:
 - a. Parries into Sixte
 - b. Parries into Quarte



From a stationary position:

5. Double, Low-High and High-Low compound attacks, with an accelerating lunge
6. Direct and Disengage attacks with Beats and Change-beats, with an explosive lunge
7. Successive Parries

Describe:

1. Scoring on a pool sheet; first and second indicators
2.
 - a. Electric foil recording apparatus
 - b. Fencers electrical equipment
 - c. Testing the equipment before the start of a fight
 - d. A foil test weight and how it is used
3. The correct responses of a judge, and demonstrate your ability to judge in a pool

Badges And Certificates Obtainable From

Amateur Fencing Association

The de Beaumont Centre, 83 Ferham Road, West Kensington, London W14 9SP.
Tel 01-385-7442